

Morningside Academy

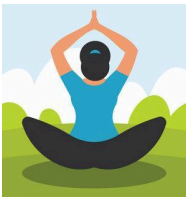
Spring 2026 Extended Day Activities

April 20th, 2026 - June 4th, 2026

We offer a great variety of after-school activities to Morningside Academy students! [Please review the extended day options below for Spring. You'll find the program details in the chart on the following page.](#) Note that there are no extended day classes on Fridays, during Professional Development days, conference weeks, and school closures. All classes are open to all ages.

To enroll, please complete the Extended Day Sign Up google form. Payment will be collected by our Accountant at the end of each quarter.

For all after school activities, we ask that students remember to pack an extra snack and reusable water bottle!



Monday - Yoga and Social Skills Enrichment

Join instructor Sylwia Mazur Johnson for this engaging after-school program that blends movement, mindfulness, and social learning to help students build confidence, emotional awareness, and positive peer connections. Each session includes yoga-based activities, breathing exercises, and interactive social skills lessons using games, storytelling, and teamwork. Students will explore self-regulation strategies, communication tools, and friendship-building skills—all in a supportive and playful environment tailored to their developmental needs. This class is open to all ages.



Tuesday - Art: Sticker Design Challenge

Use the digital drawing tool ProCreate to design 2 original sticker designs! One will be a Morningside-themed sticker we can share with the whole school, and the other will be a completely-up-to-you design you can take with you and stick on your own waterbottle, laptop case, skateboard deck, journal cover, etc.! (Stickers will be ordered at the end of class, and distributed after they have been delivered from the printers.)



Wednesday - Art: Stop Motion

Use simple materials to make your ideas come to life! Using iPads and the Stop Motion Studio Pro app, students will create the illusion of motion. From simple cut-paper animations, to building a small background and using clay or toy figures, this will give students the basic tools they need to continue making their own animations in the future.



Thursday - PopRox Dance Basics

This is the best class for your dancer to begin their dance journey! We provide a warm and inviting setting for your dancer to feel unique and accepted while they explore movement and rhythms in an encouraging, judgement-free environment. This class will review dance basics like finding the beat, learning an 8 count, dancing to different music styles, and even how to create dance moves of their own to incorporate into a longer routine. If you're looking for a confidence-building class for your dancer to begin their dance journey, you found it!

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Class Details

Day	Activity	Time	Dates Offered	# of Classes	Fee*	Teacher/Student Enrollment
Monday	Yoga & Mindfulness	3:45 - 4:45	April 20, 27 May 11, 18 June 1	5	\$155 (\$30/class)	Sylwia Mazur Johnson Minimum: 3 Maximum: 12
Tuesday	Art: Sticker Design Challenge	3:45 - 4:45	April 21, 28 May 5	3	\$95 (\$30/class)	Art Teacher Marijke Keyser Minimum: 4 Maximum: 8
Wednesday	Art: Stop Motion	2:45- 3:45	April 22, 29 May 6, 27	4	\$145 (\$35/class)	Art Teacher Marijke Keyser Minimum: 4 Maximum: 8
Thursday	Dance Basics	3:45 - 4:45	April 23, 30 May 7, 14, 21, 28 June 4	7	\$215 (\$30/class)	PopRox Dance Studio Minimum: 4 Maximum: 10

****There is a \$5 admin fee added to each class enrollment. This fee helps offset admin costs of facilitating and billing for extended day classes.***