

Morningside Academy

Fall 2022 Extended Day Activities

September 19 - December 15, 2022

We offer a great variety of after-school activities to Morningside Academy students! Please review the extended day options below for Fall. You'll find the program details in the chart on the following page. Note that there are no extended day classes on Fridays, during Professional Development days, and school closures.

To enroll, please complete the Extended Day Sign Up google form. Once we have received your completed form, we will contact you for class payment. **Payment is required to secure your space.** If you are in need of financial assistance, please email joanne@morningsideacademy.org.

For all after school activities, we ask that students remember to pack a snack and reusable water bottle! Masks required.

Monday - Drama Class

Join instructor Anna from Seattle's renowned Stone Soup Theatre for an introduction to Drama. Students will experience play-acting games, do basic improvisation, and develop short scripts as they learn the basics of acting including voice projection, memorization, and basic character development. Theater work has been known to boost confidence and creativity, build a sense of community, and provide a healthy way to express emotion. After work on the fundamentals, students will perform a short play.

Tuesday - Field Sports

End your school day with an energetic hour of exploring field sports at a local park! Join PE instructor Rusty for a variety of fun activities to work on team-building, on-the-spot logic and decision making skills, leadership skills, coordination skills and fitness. This may include volleyball, obstacle course, Foursquare variations, Kickball, learning and enhancing batting/kicking/passing/throwing skills, Cricket, Ultimate Frisbee, track and field exercises, and much more. There are also planned indoor games when the spring weather is rainy. Be sure to dress in comfortable clothes/shoes and bring a water bottle.

Wednesday - Art: Imagination Station

Join Staff employee Sarah in an after-care Art class where students will be introduced to varying artistic mediums from pencils to paint to clay. We'll be exercising our creative muscles and learning to lean into the process of art making together. This class allows students to work on their observation skills and self-expression, as well as boost emotional intelligence with hand/eye coordination.

Thursday - Sailing (*half-session*)

The youth sailing programs at The Center for Wooden Boats (CWB) are designed to engender skills in leadership, observation, and decision-making, while offering a chance to connect with nature and Northwest history in a hands-on, physically invigorating way. Students have fun learning the basic theory and terminology of sailing and build a foundation in boating skills. CWB instructors will meet students at Morningside Academy at 3:40 PM to walk to CWB at Lake Union Park. The program end time is 6:00 PM and student pick up is at the pavilion (uplands) at CWB. ****Financial assistance available through The Center for Wooden Boats' website****

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Class Details

Day	Activity	Time	Dates Offered	# of Classes	Fee	Teacher/Student Enrollment
Monday	Drama	3:40-4:40	Sept: 19 Oct: 3, 10, 17, 24, 31 Nov: 7, 21, 28 Dec: 5, 12	11	\$176	Stone Soup Theater Maximum: 12
Tuesday	Field Sports	3:40 -4:40	Sept: 20, 27 Oct: 4, 11, 18, 25 Nov: 1, 8, 22, 29 Dec: 6, 13	12	\$200	Restita DeJesus Maximum: 12
Wednesday	Art - Imagination Station	2:40-3:40	Sept: 21, 28 Oct: 5, 12, 26 Nov: 2, 9, 30 Dec: 7, 14	10	\$120	Sarah Wilbanks Maximum: 12
Thursday *half session*	Sailing at the Center for Wooden Boats	3:40-6:00	Sept: 22, 29 Oct: 6, 13, 20, 27	6	\$575	Center for Wooden Boats Maximum: 12